

Hadden Family Foundation

JUNE 2023 REPORT



Updates & Overviews

As school communities re-emerged from an incredibly difficult few years, our programs were able to support children across Toronto where they needed it most — thanks to the support of the Hadden Family Foundation.

The 2022-2023 school year is one that we'll never forget. After years of pandemic-related health restrictions, school closures, and general uncertainties, this year offered students a sense of 'normalcy'. Schools were open, students were in class, and our programs were back in full force. Student Nutrition Programs (SNPs) were again able to offer meals in congregated settings, the Central Nutrition Pantry continued to provide additional nutritional support to children and schools who needed it, and **beyond 3:30** (B330) participants were back together learning, cooking and keeping active.

Although our programs experienced many successes this year, they also faced a number of challenges. Our **beyond 3:30** program faced the challenge of providing increased support to students whose academic, social and emotional development were impacted during the pandemic. To help support students, we placed priority on wellness and building resiliency as well as a high level of tutoring to help address academic deficits.

As food prices continued to rise and more students were in need of nutritional support than ever before, Student Nutrition Programs found their budgets stretched to the limit, and our Central Nutrition Pantry was needed more than ever.

Your support has ensured that as students' nutritional, academic, and emotional needs have changed, we've been right there to help. For that, we're incredibly grateful.

Thank you, Hadden Family!

Student Nutrition

Over the past year, food prices have increased to unprecedented levels. In March 2023, the cost of groceries was <u>up nearly 10% compared to the year before</u>. As many families struggle to keep food on the table, school-based student nutrition was more important than ever. With The Hadden Family Foundation's help, we supported over 12,198 students in 25 schools right across Scarborough.



Starting in September, our team worked diligently to meet Toronto students' growing nutritional needs. To manage crisis-level grocery prices, we leveraged our purchasing power, reaching out to vendors directly and buying food in bulk. Your donation was leveraged to achieve a savings of 52%; you were able to support over 68,000 meals for children and youth in Scarborough.

Through the Central Nutrition Pantry, the average cost of a meal's worth of food is \$2.18. That same meal would cost \$4.58 if purchased at the grocery store. With your help, the Central Nutrition Pantry gets food out to over 53,000 students in 170 schools.

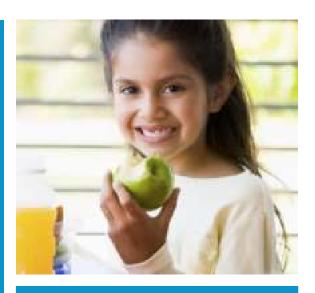
Nutrition Impact

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The children enjoy the snacks and love to guess what snack they will have the next day. Foods such as the apples, yogurt tubes, muffins and cheese are popular among the students. We are lucky and thankful to be able to provide a variety of foods for the students through this program.

- Principal, Elementary School





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The Central Nutrition
Pantry for our school is a
huge impact on student
success. Our students
benefit from our program to
help focus and learn
throughout the day. It
brings me so much joy to
see how excited and happy
the students are to have
the extra food.

Volunteer, ElementarySchool

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Kids in our school got a snack every morning. Through the Central Pantry, we got lots of different snacks that we really needed and the kids loved. We got yogurts, baked goods and fresh fruits. I hope we get to participate next year as well.

- Volunteer, Elementary School



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This past year, our student population has increased to 530 students. It is absolutely essential that our students have daily access to healthy foods.

The extra food has been a lifesaver for us! We are incredibly grateful – thank you!

- Vice Principal, Elementary School

Student Nutrition

Since 2013, the Hadden Family Foundation's *Feeding Hungry Minds Program* has supported student nutrition in the following schools in Toronto:

Albert Campbell C.I.

Alexander Stirling P.S.

Anson Road P.S.

Anson S. Taylor Jr. P.S.

Banting and Best P.S.

Berner Trail Jr. P.S.

Beverley Heights M.S.

Beverley School

Birch Cliff Heights P.S.

Birchmount Park C.I.

Blake Street Jr. P.S.

Bliss Carmen Sr. P.S.

Bloordale M.S.

Bowmore P.S.

Briarcrest Jr.S.

Bruce P.S.

Buchanan P.S.

Burnhamthorpe C.I.

Carleton Village Jr. and Sr.

Sports & Wellness Academy

Cedar Drive Jr. P.S.

Cedarbrook P.S.

Charles Gordon Sr. P.S.

Chester Le Jr. P.S.

Chief Dan George P.S.

City Alternative School

Clairlea P.S.

Corvette Jr. P.S.

Don Mills C.I. / Don Mills M.S.

Dorset Park P.S.

Dovercourt P.S.

Downsview S.S.

Driftwood P.S.

Dublin Heights Jr & MS.

Earl Haig S.S.

East York Alternative S.S.

Eastdale C.I.

Eastview Jr. P.S.

Edgewood P.S.

Elmlea Jr School

Emery C.I.

Emily Carr P.S.

F.H. Miller Jr. P.S.

Finch P.S..

First Nations Jr. and Sr.

School of Toronto

Flemington P.S.

Gateway P.S.

General Brock P.S.

General Crerar P.S.

George Peck P.S.

George P Mackie Jr.P.S.

Glamorgan Jr. P.S.

Golf Road Jr. P.S.

Greenholme Jr. M.S.

H.A. Halbert Jr. P.S.

John McCrae P.S.

Joseph Brant Sr. P.S.

Kapapamahchakwew -

Wandering Spirit School

L'Amoreaux C.I.

Leslieville Jr PS

Lester B Pearson C.I.

Lord Roberts Jr P.S.

Lucy Maud Montgomery P.S.

Lynnwood Heights Jr. P.S.

Macdonald C.I.

Malvern Junior P.S.

Martingrove C.I

Mary Shadd P.S.

Maryvale P.S.

Melody Village Jr. P.S.

Military Trail P.S.

Muirhead P.S.

Native Learning Centre East

North East Year Round

Alternative Centre

Northview Heights S.S.

Oakridge Jr. P.S.

Orde Street P.S.

Parkview Alternative School

Pauline Johnson Jr. P.S.

Perth Avenue Jr. P.S.

Pineway P.S.

Regent Heights P.S.

Rene Gordon Health &

Wellness Academy

RH King Academy

RJ Lang P.S.

Robert Service Sr. P.S.

Roden P.S.

Roywood P.S.

Samuel Hearne M.S.

Scarborough Village P.S.

Shirley St Jr PS/City View

Alternative Sr School

Silver Springs P.S.

Sir Alexander McKenzie Sr. P.S.

Sir Ernest MacMillan Sr. P.S.

Sir Wilfrid Laurier C.I.

Sir William Osler C.I.

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Sprucecourt P.S.

St. Margaret's P.S.

Stephen Leacock C.I.

Subway Academy

Taylor Creek P.S.

Tecumseh Sr. P.S.

Terraview Willowfield P.S.

Walter Perry Jr. P.S.

Wellesworth Jr. P.S.

West Hill P.S.

Westmount Jr. School

Weston C.I.

Westview Centennial C.I.

Westwood M.S.

Winston Churchill C.I.

Woburn C.I.

Woburn Jr. P.S.

York Humber H.S.

beyond 3:30

After years of restrictions, we're proud to report that B330 made a full return to 'regular' programming during the 2022-2023 school year. B330 participants were able to get back to focusing on their academics, learning to cook, and playing their favourite sports and games with friends. Participants were especially excited for the return of many of our annual events! In April, students ventured to Toronto Metropolitan University to participate in B330's yearly Basketball Tournament. In May, they danced, performed, and dazzled us at the Beyond's Got Talent show. And, in June, they soaked in the fresh air and got active at B330's Wellness Walk.

B330 is making a real impact in the lives of its participants — and word is spreading!
B330'sattendance grew and we expanded to a 19th site this year. With more students though, came greater need as we supported students facing learning loss, wellness challenges, food insecurity and significant poverty concerns. With the Hadden Family Foundation's continued support, B330 is committed to meeting these growing needs and helping children have the resiliency to thrive.







Beyond 330 in Photos

Talent Show Connecting with nature Violin workshop Learning how to build rockets

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beyond 3:30 Academic Support

Since the start of the pandemic, students have experienced a great deal of disruption to their education. Between online learning, school closures, and high rates of absenteeism, learning loss has become a major concern—and we are still seeing the effects of it. For those living in underserved communities, this impact is even more pronounced.

Over the past few years at B330, we've increased our academic supports to help children and youth recover these losses. On top of our daily academic support and homework help, B330 partnered with JUMP math to provide participants with weekly math sessions, STEM workshops with Visions of Science, and coding lessons facilitated by Canada Learning Code. B330 participants also had access to in-person and online tutoring sessions each week.

Working with the Toronto District School Board's research department, we are measuring our progress and will continue to modify and develop the program, constantly evolving to meet the needs of our children and youth.





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Learning with my friends made it more fun.
I didn't know math was this easy!

- B330 Participant



beyond 3:30 Wellness

School life has seen many changes since the pandemic, and a big part of that stems from a rise in children and youth struggling with their wellness. Our front-line staff have seen a dramatic shift in the emotional wellbeing of our children, with many feeling anxious, isolated, agitated or sad. We don't yet know the full impact the last few year has had, but what we do know is that children need support.

At B330, we've made wellness a key element in our programming. We continued to partner with CAMH (Centre for Addiction and Mental Health) for a second year, so that our staff could receive additional training to further embed wellness supports into all elements of our programming. B330 participants have explored new ways of expressing themselves, such as through journal writing, arts, and mindfulness activities.

Participants also had the chance to showcase their creative forms of expression through the Canadian Children's Literacy Foundation's Lost & Found initiative. Through this initiative, students explored their feelings and experiences from the pandemic through art, poetry, writing and movement. They then got to share their works publicly, along with students from all across Canada.





beyond 3:30 Sports & Physical Fitness

After a long day in the classroom, students have a lot of energy to burn. So, we made sure that B330 participants had dedicated time to play sports and get active each day afterschool. When the weather was good, participants were out on the field, playing baseball, football, and rugby. Through the winter months, they kept active in the gym, playing basketball, badminton and running drills.

This year, participants were especially excited for the comeback of the B330 Basketball Tournament! Teams from every site competed through multiple rounds, working together, and putting all the skills they'd learned throughout the year to the test. When the time came for the playoffs at Toronto Metropolitan University, teams were thrilled to be playing on the big court, with their friends cheering in the stands.







beyond 3:30 Junior Chefs

With the cost of food continuing to rise and more and more families struggling to put nutritious food on the table, giving students a healthy supper at B330 each school day has never been more important. Additionally, giving them the skills to menu plan, buy groceries, and make a homecooked meal has never been more useful! Through Junior Chefs, students are learning to chop, sauté, blend, bake, serve, and even make use of coupons – tools that will help them now, and for years to come.

This year, we were especially happy to welcome the parents, friends and family back for the return of **beyond 3:30** Community Dinners! Each site held a dinner at their school, with students doing all the planning, cooking, hosting, serving and clean-up. Guests had a wonderful time, and students got to showcase all their amazing skills. **The Hadden Family's steady support helps ensure students have the nourishing food they need now, and the skills to keep them nourished in the future.**



My favourite is the veggie wrap.
And chicken and rice!
- B330 Participant



The Hadden Family visits
Contact
Alternative
School









Thanks for your continued support, Hadden Family!

Budgets & Allocations

BEYOND 3:30

B330 PROGRAM SITE	2022-2023 SCHOOL YEAR
Bliss Carman Senior Public School	\$5,555.56
Brookview Middle School	\$5,555.56
Carleton Village Public School	\$5,555.56
Charles Gordon Senior Public School	\$5,555.56
DA Morrison Middle School	\$5,555.56
Dixon Grove Junior Middle School	\$5,555.56
Dr Marion Hilliard Senior Public School	\$5,555.56
Emily Carr Public School	\$5,555.56
George Syme Community School	\$5,555.56
Greenholme Junior Middle School	\$5,555.56
Joseph Brant Public School	\$5,555.55
Lawrence Heights Middle School	\$5,555.55
Maple Leaf Public School	\$5,555.55
Military Trail Public School	\$5,555.55
Portage Community School	\$5,555.55
Smithfield Middle School	\$5,555.55
Tecumseh Sr Public School	\$5,555.55
Valley Park Middle School	\$5,555.55

CENTRAL NUTRITION PANTRY

Central Nutrition Pantry	2022-2023 SCHOOL YEAR
Donation Amount	\$150,000
Number of Schools Supported	25
Number of Students Reached	12,198







Toronto Foundation for Student Success

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